

PRE-CERTIFICATION PROGRAM

HMAA's health plans require pre-certification of hospital admissions and various outpatient services and procedures. **Please note that failure to obtain pre-certification may result in a reduction of benefits.**

TO OBTAIN PRE-CERTIFICATION: Mail or fax a completed **HMAA PRE-CERTIFICATION REQUEST FORM** along with supporting Clinical documentation at least two (2) business days prior to the planned surgery and/or admission; or within forty-eight (48) hours of an emergent admission. **Hospitals:** please fax the **Admission Face Sheet** to the Utilization Management (UM) Department within the same time frames stated above.

Mailing Address	Telephone Numbers	Fax Number
HMAA Utilization Management Department 737 Bishop Street, Suite 1200 Honolulu, HI 96813	On Oahu: (808) 791-7505 Toll-Free: (888) 941-4622 ext. 302	(808) 791-7697

SERVICES REQUIRING PRE-CERTIFICATION

(Note: This list is subject to change at any time)

- Admissions (hospital)
- Alcohol & Substance Abuse Treatment – Inpatient, Residential, Intensive Outpatient Treatment
- Behavioral health – Inpatient, Intensive Outpatient, Psychological Testing
- Cosmetic Surgery*
- Dental procedures requiring ASC or Inpatient Setting
- DEXA Scans
- Drugs –
 Injectable Medications:
 Alpha Interferon Lovenox Remicade
 Betaseron Lupron Respigam
 Enbrel Neupogen Synagis
 Erythropoietin Peg-Intron Synvisc
 Growth Hormone Rebetrone Zolodex
 Immunosuppressants
 All prescription fills of \$500 or more
- Durable Medical Equipment – Purchases over \$300 and **all** rentals
- Genetic Testing and Gene Therapy*
- Hearing Aids**
- Home Health Agency Services (Skilled Nursing Visits, IV Therapy, Home Physical Therapy)
- Human Growth Hormone Therapy**
- Hyperbaric Oxygen Treatment
- In Vitro Fertilization***
- Ophthalmologic Surgery – Post Lasik Surgery and Radial Keratotomy*
- Organ Transplants including Bone Marrow
- Rehabilitation Therapy – requires pre-certification after the initial 10 sessions. Services include:
 - Physical Therapy – Outpatient
 - Occupational Therapy – Outpatient
 - Speech Therapy – Outpatient
- Rhinoplasty or Septoplasty
- Stereotactic Radiosurgery (GAMMA Knife Surgery)
- Spinal Cord Stimulator
- Surgery to correct Morbid Obesity** (Gastric Bypass Surgery)
- Treatment of Hyperhidrosis

* This is not a benefit unless medical necessity criteria is met.

** This is not a benefit under most of HMAA's Plans.

*** One-time only