

Guidelines for Gender Identity Services

HMAA covers the following services that are medically necessary for the treatment of gender identity disorder and gender dysphoria in accordance with the State of Hawaii's Gender Affirming Treatment Act. Please refer to your Plan Document for additional details.

Covered Services

1. Psychotherapy and/or sexual identification counseling by a qualified mental health professional to assess, diagnose, and discuss treatment options for gender identity disorder, gender dysphoria, and/or any coexisting mental health concerns
2. Puberty suppression therapy
3. Continuous hormone replacement therapy
4. Subcutaneous mastectomy, nipple reconstruction, and creation of a male chest
5. Fertility counseling
6. Genital confirmation surgery
7. Laser hair removal on skin grafts prior to use in genital confirmation surgery
8. Cancer screening services for members who retain certain body parts or organs (e.g., breasts, cervix, prostate)
9. Routine cytological examination of a created neocervix

Exclusions

1. Voice alteration surgery
2. Procedures to enhance or exaggerate masculine or feminine traits
3. Rejuvenation treatments
4. Procedures that primarily serve to beautify or otherwise enhance physical appearance
5. Gender identity services performed outside the United States
6. Hair removal procedures other than as stated in the Covered Services #7 above.

What is considered medically necessary?

Health care services or supplies needed to prevent, diagnose, or treat an illness, injury, condition, or disease, or its symptoms, including habilitation and that meet accepted standards of medicine. Visit hmaa.com/gender-identity-services-medical-policy for details.

Questions

For questions regarding claims, benefits, and participating providers, visit hmaa.com or contact our Customer Service Center Monday to Friday, 8 am to 4 pm HST at (808) 941-4622, toll-free at (888) 941-4622, or via email at CustomerService@hmaa.com.