

# Fall for a Flexible Fitness Program

-  **12,200+ Gyms**
-  **10,800+ On-Demand Videos**
-  **1:1 Well-Being Coaching**
-  **Enroll Your Spouse<sup>1</sup>**

**NO ANNUAL FEES OR LONG-TERM CONTRACTS!**



**Plus: 6,100+ Premium Gym Options** at exercise studios, outdoor experiences, and others with **20% – 70% discounts** at most locations<sup>3</sup>

**Get Started:** <https://www.hmaa.com/wellness/active-and-fit/>



<sup>1</sup> Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees may vary based on fitness center selection.

<sup>2</sup> Monthly fees are subject to applicable taxes.

<sup>3</sup> Costs for premium exercise studios exceed \$28/mo. and an enrollment fee will apply for each premium location selected, plus applicable taxes. Fees vary based on premium fitness studios selected.

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